



Cup the respirator in your hand with the nosepiece right side up and the earbands hanging freely.



Position the respirator under your chin and the nosepiece on the bridge of your nose.



While holding the respirator in position, pull the earbands over your ear first.



As you continue to hold the respirator in position, pull the other earband over the second



Untwist the straps and optimally position the respirator low on your nose.



Using both hands, mold the nosepiece to fit snugly against the nose and face, below the eyes.



Using a mirror, further check and adjust the edges to provide a good seal around the face.