

MLK Day 2023 Resources:

AmeriCorps: https://americorps.gov/newsroom/events/mlk-day/mlk-day-resources

Explore Stanford University's "The Martin Luther King, Jr. Research and Education Institute" Resources: https://kinginstitute.stanford.edu/king-resources/king-resources-overview

King Day End Hunger Challenge (5 day free e-learning course): https://hungercenter.org/blog/mlk-day-of-service-end-hunger-challenge/ and can sign-up here: https://zha.curatr3.com/register

Explore Resources & Events at The Martin Luther King, Jr. Center for Nonviolent Social Change ("The King Center"): https://thekingcenter.org/about-tkc/

Sign-up to receive the Equal Justice Initiative's *A History of Racial Injustice* Calendar: https://calendar.eji.org/racial-injustice/dec/23

Read about the history of MLK Day of Service and explore DoSomething.Org, a non-profit dedicated to inspiring youth to enact positive social change: https://www.dosomething.org/us/articles/martin-luther-king-jr-day

On MLK Day 2023:

(8:30am-12:30pm) In-Person Ursinus MLK Day of Service (6 local projects with community partners): Open to UC students, faculty, & staff. Limited spots available, please email UCARE@ursinus.edu for more information.

Virtual Offerings with Beth Am Israel (Penn Valley):

 What Does Environmental Justice Look Like and How Do We Achieve It? 9am-10:15am Register here.

Join us on zoom for a meaningful and productive conversation about Environmental Racism and what we can do to right this wrong. Reverend Carolyn Caveness of Bethel AME Church will lead this important discussion. Read her impressive bio here: https://www.bethelardmore.org/our-pastor

2. **Choosing between food or education: what food insecurity on college campuses looks like today**. 10:15am-11:15am Register here.

Nazun, a national leadership development organization focused on equipping the next generation to fight food insecurity on college campuses, wants you to know that 39% of four year students experience food insecurity every year they're in school. Join CEO Rebecca Bar to learn more about who today's college students are, what they are experiencing, and what you can do to help, alongside the 60+ campus and community chapters nationwide. Rebecca will share ways you can get involved in this pervasive and stigmatizing issue on today's campuses across the US.



3. **Countering climate mis/disinformation in conversations and in the media**. 10:30am-12pm Register here.

We will focus on how to respond to wrong climate statements 1) in conversations when we hear misinformation from our families and colleagues and 2) climate disinformation from the media. We will be discussing ideas from communications experts and practicing appropriate responses, If you have heard such zingers please come prepared to share them with us and we will discuss how to address them.

(10am-12pm) Virtual or In-Person "Restoring Hope & Dignity: MLK Service Day 2023" hosted by Mennonite Central Committee (MCC) and Kingdom Builders Network (KBN): more information and sign-up here: <a href="https://mcc.org/get-involved/events/restoring-hope-dignity-mlk-service-day-2023https://mcc.org/get-involved/events/restoring-hope-dignity-mlk-service-day-2023https://mcc.org/get-involved/events/restoring-hope-dignity-mlk-service-day-2023

• Can also assemble care kits for incarcerated individuals—there is a drop-off location locally in Souderton. More information here: https://mcc.org/stories/mcc-east-coast-prisoner-care-kits

(11am-4:45pm) In-Person at Eastern State Penitentiary: "Commemorate Dr. Martin Luther King Jr.'s legacy and contemplate the significance and ongoing relevance of his 1963 "Letter from Birmingham Jail" during an in-person, all-day event at Eastern State Penitentiary.": more information here: https://www.easternstate.org/visit/events/dr-martin-luther-king-day-virtual

(2pm-5pm) Virtual Information Sessions with Ursinus Community Partners & Student Leaders. Register here with your Ursinus credentials for Zoom Link.